



ProTrainings

Dog Bodily Statistics

Dog Heart Rates - Average beats per minute depending on the size or age of your dog.

Pet	Normal heart rate (BPM)
Puppies, up to 6 weeks	up to 200
Small dogs, up to 9.07kg	70 - 180
Medium & large dogs	60 - 140

Dog Body Temperatures – This chart will help you determine what to do upon taking your dog's temperature, this is usually done using a rectal thermometer.

Temperature	What does this mean?	Call the Vet?
41.1°C or higher	Emergency! Cool your pet	YES, Immediately.
40.5°C	High fever	YES, the same day
40°C	Moderate fever	YES
39.4°C	Moderate fever	YES
38.8°C	Normal Range	NO
38.3°C	Normal Range	NO
37.7°C	Normal Range	NO
37.2°C	Normal Range	NO
37.2-35°C	Mild hypothermia	YES, the same day
35°C	Emergency! Warm your pet	YES, immediately.

Mucous Membrane Colours (gums) – Veterinarians use the colour of mucus to get a measure of your pet's health. This may help identify that a problem exists within your pet.

Membrane	What it means	Call the Vet?
Pink	Normal	NO
Pale to white	Anemia or shock	YES, Immediately
Blue	Smoke inhalation or suffocation	YES, Immediately
Bright cherry red	Carbon monoxide poisoning or heatstroke	YES, Immediately
Yellow	Liver problems	YES, Immediately

Capillary Refill Time – Capillaries are small blood vessels located beneath the surface of your skin. You can judge your pet's blood circulation condition by doing a capillary refill test. To find out the capillary refill time: First, lift your dog's upper lip and press your finger against the non-pigmented pink part of the gum. Then, quickly release the pressure from the gum and use a watch to count the time it takes for the gum colour to return to normal. This is your capillary refill time.

Capillary Refill Time	What it means	Call the Vet?
Less than 1 second	Emergency! Severe problems - heatstroke, shock	YES
1 - 2 seconds	Normal	NO
2 - 4 seconds	Moderate to poor - possible dehydration or shock	YES
More than 4 seconds	Emergency! Severe problems - dehydration, shock	YES



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Monitoring Breathing – When your pet is resting, if their breathing isn't quiet and effortless this may mean that the pet requires medical attention and, in some cases, artificial respiration.

Respiratory Signs	What they mean	Call the Vet?
Effortless breathing, quiet to soundless	Normal	NO
Excessive panting or gasping – dogs stand with elbows outward, cats sit crouched with head and neck extended	Emergency! Progression to early respiratory failure.	YES, Immediately.
Increased Respiratory rate	First sign of breathing problems	YES, immediately, if the condition is getting worse. If respiratory rate is increased but the problem is not worsening, call the same day.
Laboured, open-mouthed breathing and blue gums	Emergency! Pulmonary failure – the pet is suffocating	YES, Immediately.
Slowed, shallow, or stopped breathing, unconsciousness imminent	Emergency! Respiratory collapse – prepare for artificial respiration	YES, Immediately.

Gauging Responsiveness – If a pet is healthy they are alert and responsive to what is happening around them. If the pet isn't aware of their surroundings then they may require medical attention.

Level of consciousness	What it means	Call the Vet?
Alert and responsive to owner and outside stimulation - if you call your pet for a treat, he should respond	Normal	NO
Depressed - response is slow to sight or touch stimulation - the pet may be sleepy or reluctant to move	Common to many illnesses	YES, the next day if the condition doesn't resolve with first aid
Disoriented - the pet bumps into objects, stares blindly, walks with an unsteady gait or in circles, and/or falls over to one side	Possibly neurologic or inner ear involvement	YES, same day
Stupor - can be aroused only by deep pain stimulation (ie: pinched toes)	Neurologic or metabolic problem - serious	YES, Immediately
Comatose (unable to wake) or having seizures	Emergency! Severe neurologic damage or disruption from injury, disease, or toxin	YES, Immediately



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