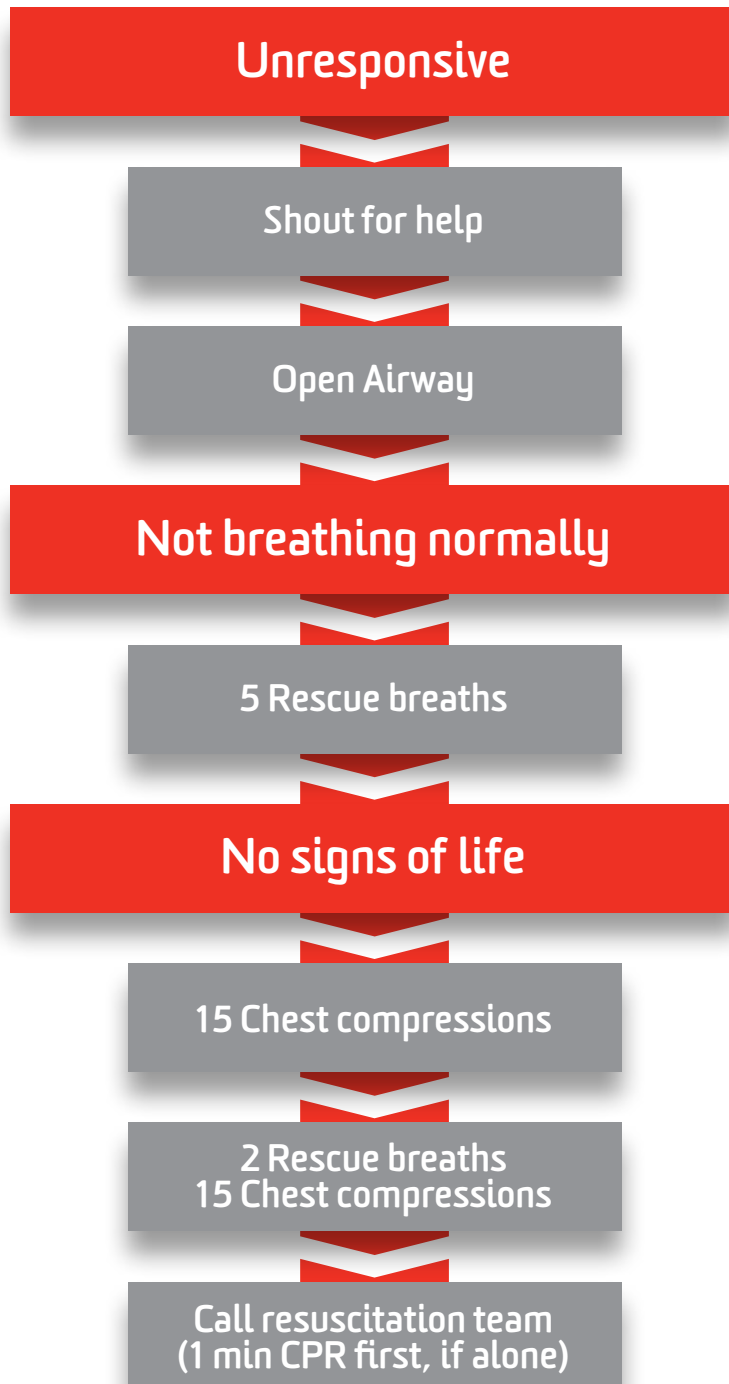


Children and Infant CPR Flowchart for Healthcare Professionals



- Approach, stop, think, act remember DRAB
- Apply barriers
- Introduce yourself
- Tap collar bone and ask, "Are you OK?"
- Open airway using head tilt, chin lift
- Check for normal breathing for no more than 10 seconds
- If not already done, activate EMS even if this means leaving the patient and find out if there is an AED available but do not waste time looking for an AED
- If alone, deliver 1 minute of CPR then go for help
- Open airway and deliver 5 rescue breaths up to 1 second or until you see the chest rise. Infants seal mouth over nose and mouth, child blow in mouth and pinch nose
- 15 compressions in centre of chest at a rate of 100-120 compressions per minute to a depth of 5-6 cm. Child with one hand, infants with two fingers or thumb
- Then open the airway and give 2 breaths up to 1 second or until you see the chest rise
- The time between finishing the last compression, giving the two breaths and the next compression should ideally be 5 seconds with an absolute maximum of 10 seconds
- If the patient regurgitates or vomits during CPR turn the patient onto their side facing away from you, turn their head and allow the vomit to drain out
- Repeat until EMS arrive and relieve you, the AED arrives, are relieved by a second rescuer or too exhausted to continue.